

## Harmony Begins at Home

*“Where there is harmony in home, there will be order in the nation.  
Where there is harmony in the nation, there will be peace in the world”*

- Chinese Proverb



Harmony is a state in which there is agreement – state of unity, peace, amity and friendship. It begins within each of us. When our home is in fact peaceful, this feeling in turn affects our attitude and outlook towards the world. I believe that our home is a reflection of oneself, and when it is tranquil and serene, this beautiful Zen feeling rubs off on you and others around you. However, if it is a disharmonious feeling, it in turn causes a ripple effect.

I believe that women have a lot to do with transpiring the harmonious feeling. As the saying goes,

*“Educate a woman and you educate a family, educate a girl and educate the future”.*

Similarly, I believe that,

*“Harmony begins at home with her approach and values instilled in the family, and with her, values and cultural norms that she wishes to impart to the future generation”.*

Whether this relates to the cultural norms, religious values and beliefs or teaching kids or partners, respect, courtesy, love, compassion, tolerance, patience, commitment, care, gratitude and enabling a family/ household to grow each day with each of these values intertwined is most important. Instilling the concept of being a “team player” in each family member is most crucial in order for the team to work at its best.

If we want to see “Harmony” working at its best, we have to be persistent in educating humanity **on how similar we all are, rather than concentrating on how different we are.**

A family in harmony will prosper in every situation, which in turn will allow a nation to meet any challenge and prosper in every circumstance.

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